

HEALTH & COVID MONITORING CELL

DELHI POLICE WELLNESS CENTERS

Wellness Centres were introduced in the year 2020. The primary objective of the Delhi Police Wellness Centers is to serve as OPD facility for various disciplines of medicines including availability of Doctors i.e. Allopathy, Ayurveda, Homeopathy, Stress Management Services, Yoga etc.

Total ten (10) Wellness Centres are functioning at major Police colonies. The details are as under:-

1. Hauz Khas, South District.
2. Jagat Puri, Shahdara District.
3. Jyoti Nagar, North-East District.
4. Kondli, East District.
5. Begampur, Rohini District.
6. Dwarka, Dwarka District.
7. Model Town-II, North-West District.
8. Shalimar Bagh, North-West District.
9. Hari Nagar, West District.
10. Security Unit, Bapu Dham.

MONITORING OF HOSPITALIZED & COVID POSITIVE POLICE PERSONNEL

In order to ensure that adequate medical assistance is provided, a system of Health Monitoring of all hospitalized police personnel due to various illness/accidents including Covid +ve Police Personnel has been established since November, 2021. District Nodal Health Officer has been nominated to contact all such police personnel and ensure requisite medical assistance to them.

DHANVANTARI RATH

In a joint venture with AIIA (All India Institute of Ayurveda - under Ministry of Ayush) made an agreement (MoU) valid up to 17.08.2026 a police vehicle called as “Dhanvantri Rath” to offer doorstep health-care services for police personnel and their family members is being operated at Wellness Centres of Delhi Police.

STRESS MANAGEMENT AND SHIRODHARA THERAPY

Stress Management medical camps was started in February 2022 at various Distts./Units including Wellness Centres through All India Institute of Ayurveda (AIIA) for Delhi Police Personnel. During the Camp, they provided consultation for stress evaluation, Ayurvedic medicines and providing Shirodhara Therapy to reduce stress & related systems like sleep disturbances, fatigue, hyper acidity and constipation and also investigate of CBC, Blood Sugar, Lipid Profile, etc.

HELPLINE NUMBERS OPERATIONAL AT HEALTH/COVID MONITORING CELL

011-23473969
(2 lines of this number)

7428003005
(Whatsapp number)